

Elder and Long Term Care Committee

Wednesday, January 25, 2006 10:00 AM – 11:00 AM Reed Hall (102 HOB)

Action Packet

COMMITTEE ATTENDANCE ROLL CALL

The Committee on Elder and Long Term Care met at 10:00 Am o'clock on Jan. 25, 2006 with the following attendance:

Member	Present	Absent*	Excused
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Rep. Hugh Gibson, III (Chair)	1		
Rep. Thomas Anderson			
Rep. Edward Bullard			
Rep. Donna Clarke			
Rep. Frank Farkas			
Rep. John Legg			
Rep. Carlos Lopez-Cantera			
Rep. Richard Machek			
Rep. Franklin Sands			
			
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Rep. H. Caibson, III

 $^{^{\}star}$ A member must be excused by Chair or Speaker. A member answering roll call is presumed "present" thereafter H-52

Committee on: Elder and Long Term C 125 06 Time: Place: Elder and Long Term C 125 06 10:00 a m Reed Hall (10					ፔ ን		Su Da	LL NO bject ite Rec ite Rep	eived	H	B 49	ces fo	or Ad	w1+
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Bill No. HB 377

COUNCIL/COMMITTEE ACTION

ADOPTED ____(Y/N)
ADOPTED AS AMENDED ____(Y/N)
ADOPTED W/O OBJECTION ____(Y/N)
FAILED TO ADOPT ____(Y/N)
WITHDRAWN ____(Y/N)
OTHER

Council/Committee hearing bill: Elder & Long Term Care Representative(s) Gibson offered the following:

Amendment (with title amendment)

Remove everything after the enacting clause and insert:
Section 1. Paragraphs (a), (b), and (c) of subsection (2)
of section 651.035, Florida Statutes, are amended to read:
651.035 Minimum liquid reserve requirements.--

(2)(a) A provider shall maintain in escrow as a debt service reserve an amount equal to the aggregate amount of all principal and interest payments due during the fiscal year on any mortgage loan or other long-term financing of the facility, including taxes and insurance as recorded in the audited financial statements required under s. 651.026. The amount shall include any leasehold payments and all costs related to such payments same. If principal payments are not due during the fiscal year, the provider shall maintain in escrow as a minimum liquid reserve an amount equal to interest payments due during the next 12 months on any mortgage loan or other long-term financing of the facility, including taxes and insurance. For the purpose of this paragraph, the amount of property insurance premiums used in calculating the debt service reserve shall not

HOUSE AMENDMENT FOR COUNCIL/COMMITTEE PURPOSES

Amendment No. 1 (for drafter's use only)

Bill No. HB 501 COUNCIL/COMMITTEE ACTION ADOPTED __ (Y/N) ADOPTED AS AMENDED (Y/N)ADOPTED W/O OBJECTION (Y/N) FAILED TO ADOPT __ (Y/N) WITHDRAWN (Y/N) OTHER Council/Committee hearing bill: Elder & Long-Term Care 1 2 Committee Representative(s) Clarke offered the following: 3 4 5 Amendment (with title amendment) Remove everything after the enacting clause and insert: 6 7 Section 1. Chapter 429, Florida Statutes, is created, to 8 be entitled "Assisted Care Communities." 9 Section 2. Sections 400.401, 400.402, 400.404, 400.407, 400.4071, 400.4075, 400.408, 400.411, 400.412, 400.414, 400.415, 10 400.417, 400.4174, 400.4176, 400.4177, 400.4178, 400.418, 11 400.419, 400.4195, 400.42, 400.421, 400.422, 400.423, 400.424, 12 400.4255, 400.4256, 400.426, 400.427, 400.4275, 400.428, 13 400.429, 400.4293, 400.4294, 400.4295, 400.4296, 400.4297, 14 400.4298, 400.431, 400.434, 400.435, 400.441, 400.442, 400.444, 15 400.4445, 400.447, 400.449, 400.451, 400.452, 400.453, and 16 400.454, Florida Statutes, are renumbered as sections 429.01, 429.02, 429.04, 429.07, 429.071, 429.075, 429.08, 429.11, 429.12, 429.14, 429.15, 429.17, 429.174, 429.176, 429.177, 429.178, 429.18, 429.19, 429.195, 429.20, 429.21, 429.22, 429.23, 429.24, 429.255, 429.256, 429.26, 429.27, 429.275,

429.28, 429.29, 429.293, 429.294, 429.295, 429.296, 429.297,

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Ways to Best Protect Against Alzheimer's Disease

Gary W. Arendash, Ph.D.
The Byrd Alzheimer's Center and Research Institute

- 1) Keep your blood pressure normal in mid-life (that means less than 140 mm systolic pressure)
- 2) Keep your cholesterol (LDL) levels normal in mid-life (take statins if needed)
- 3) Maintain high intake of fruits and vegetables in mid-life (at least 5 serving per day and varied in color)
- 4) Take antioxidant supplements (Vitamin E: 200-400 IU twice daily and Vitamin C: 250-500 mg twice daily)
- 5) Maintain a diet low in saturated fats (low amounts of oleo, margarine, butter)
- 6) Drink modest amounts of alcohol (no more than 3-4 drinks per day) optional
- 7) Intake modest amounts of caffeine (around 500 mg/day = 5 cups of coffee) optional
- Lead a lifestyle rich in <u>cognitive</u> activity, accompanied by physical and social activity

Note: The above recommendations should be implemented after consulting with your physician.